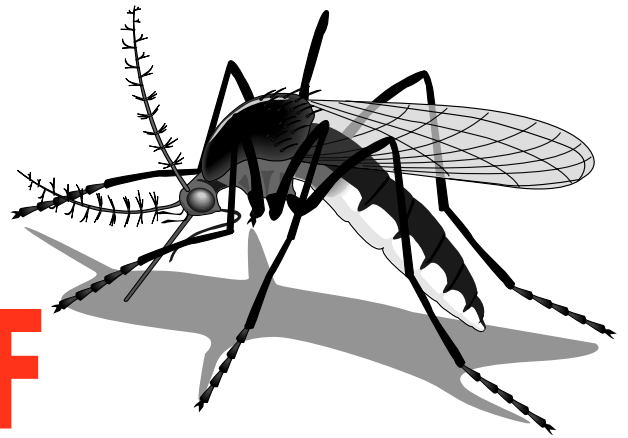


PROTECT YOURSELF



PREVENT mosquito bites

- ✓ Use bug spray containing DEET. Follow directions on the can.
- ✓ Use protective netting over playpens and baby carriages.
- ✓ Wear long-sleeved shirts and long pants.
- ✓ Repair your screens.

PREVENT breeding grounds

- ✓ Empty things around your yard that collect water.
- ✓ Keep gutters clean.
- ✓ Change the water in birdbaths twice a week.
- ✓ Please ask your neighbors to do the same things.

For more information, call 1-800-942-7434 or
visit the HEALTH website at www.health.ri.gov

HEALTH.ri.gov
Rhode Island Department of Health

